

LAMPIRAN

Lampiran 1. Data Penelitian Kecepatan, Koordinasi Mata-Kaki, Keseimbangan, dan Kemampuan Menggiring Bola

| No | Nama | Kecepatan | Koordinasi | Keseimbangan | Kemampuan Menggiring |
|----|----------------|-----------|------------|--------------|----------------------|
| 1 | Adrian | 8,10 | 6 | 80 | 28,45 |
| 2 | Ari Fikri | 7,13 | 4 | 81 | 36,12 |
| 3 | Mitha Farid | 7,78 | 7 | 84 | 40,01 |
| 4 | M.Goya | 7,77 | 5 | 84 | 39,18 |
| 5 | Nur Ashar | 7,76 | 5 | 83 | 35,33 |
| 6 | Reski Risandi | 7,69 | 6 | 77 | 34,12 |
| 7 | Reza Pratama | 7,45 | 5 | 83 | 35,56 |
| 8 | Firmansyah | 8,45 | 6 | 85 | 32,34 |
| 9 | Adrian | 7,82 | 6 | 85 | 35,01 |
| 10 | Djas Andika | 7,56 | 4 | 82 | 35,01 |
| 11 | Zulkifar | 7,67 | 5 | 79 | 33,00 |
| 12 | Asraf | 7,42 | 4 | 78 | 30,21 |
| 13 | Ardiansyah | 7,31 | 5 | 81 | 33,17 |
| 14 | Muh Resky | 7,74 | 6 | 83 | 37,44 |
| 15 | Rian Ardy Jaya | 7,12 | 3 | 75 | 35,11 |
| 16 | Prayoga | 7,76 | 7 | 85 | 30,22 |
| 17 | Rifki Wahidi | 6,77 | 7 | 78 | 30,12 |
| 18 | Ahmad Fahrul | 8,34 | 8 | 87 | 29,01 |
| 19 | Muh. Rifki | 6,86 | 3 | 76 | 32,45 |
| 20 | Nur F | 8,16 | 6 | 84 | 35,11 |
| 21 | Nur Alim | 8,41 | 7 | 86 | 26,06 |
| 22 | Afwansyah | 7,81 | 6 | 84 | 35,21 |
| 23 | Muhammar | 8,51 | 8 | 88 | 29,45 |
| 24 | Nur Alam | 7,00 | 4 | 83 | 37,45 |
| 25 | Alif | 7,43 | 7 | 83 | 27,17 |
| 26 | Wildansyah | 7,67 | 5 | 79 | 36,34 |
| 27 | Sudarman | 7,51 | 4 | 82 | 37,12 |
| 28 | Nugraha S. | 7,01 | 4 | 82 | 35,24 |
| 29 | Abd. Malik | 7,80 | 4 | 83 | 38,17 |
| 30 | Muh. Al R | 7,67 | 3 | 80 | 30,03 |
| 31 | Muh Yusuf | 7,45 | 5 | 82 | 31,88 |
| 32 | Abid Zahran | 7,82 | 6 | 82 | 33,34 |
| 33 | Aldhy F. | 8,12 | 6 | 83 | 33,33 |
| 34 | Irvan Saputra | 8,29 | 7 | 84 | 33,34 |
| 35 | Ahmad Karim | 8,10 | 6 | 80 | 32,04 |
| 36 | Zainul Arif | 7,13 | 4 | 81 | 29,12 |
| 39 | Muh Afif | 7,78 | 7 | 84 | 33,32 |
| 38 | A. Ahmad | 7,77 | 5 | 84 | 34,67 |
| 39 | Wahyuddin | 7,76 | 5 | 83 | 36,45 |
| 40 | Muh. Fauzan | 7,69 | 6 | 77 | 37,12 |

Lampiran 2. Analisis Deskriptif Kecepatan, Koordinasi Mata-Kaki, Keseimbangan, dan Kemampuan Menggiring Bola

Statistics

| | | Kecepatan | Koordinasi Mata-Kaki | Keseimbangan | Kemampuan Menggiring Bola |
|----------------|---------|-------------------|----------------------|--------------|---------------------------|
| N | Valid | 40 | 40 | 40 | 40 |
| | Missing | 0 | 0 | 0 | 0 |
| Mean | | 7,7228 | 5,55 | 82,13 | 33,5955 |
| Median | | 7,7600 | 6,00 | 82,50 | 33,7300 |
| Mode | | 7,67 ^a | 6 | 83 | 33,34 ^a |
| Std. Deviation | | ,48990 | 1,535 | 3,451 | 3,32624 |
| Minimum | | 6,75 | 3 | 75 | 26,06 |
| Maximum | | 8,56 | 9 | 90 | 40,01 |
| Sum | | 308,91 | 222 | 3285 | 1343,82 |

a. Multiple modes exist. The smallest value is shown

Kecepatan

| | Frequency | Percent | Valid Percent | Cumulative Percent |
|------------|-----------|---------|---------------|--------------------|
| Valid 6,75 | 1 | 2,5 | 2,5 | 2,5 |
| 6,77 | 1 | 2,5 | 2,5 | 5,0 |
| 6,86 | 1 | 2,5 | 2,5 | 7,5 |
| 7,00 | 1 | 2,5 | 2,5 | 10,0 |
| 7,01 | 1 | 2,5 | 2,5 | 12,5 |
| 7,12 | 1 | 2,5 | 2,5 | 15,0 |
| 7,13 | 1 | 2,5 | 2,5 | 17,5 |
| 7,31 | 1 | 2,5 | 2,5 | 20,0 |
| 7,42 | 1 | 2,5 | 2,5 | 22,5 |
| 7,43 | 1 | 2,5 | 2,5 | 25,0 |
| 7,45 | 2 | 5,0 | 5,0 | 30,0 |
| 7,51 | 1 | 2,5 | 2,5 | 32,5 |
| 7,56 | 1 | 2,5 | 2,5 | 35,0 |
| 7,67 | 3 | 7,5 | 7,5 | 42,5 |
| 7,69 | 1 | 2,5 | 2,5 | 45,0 |
| 7,74 | 1 | 2,5 | 2,5 | 47,5 |
| 7,76 | 2 | 5,0 | 5,0 | 52,5 |
| 7,77 | 1 | 2,5 | 2,5 | 55,0 |
| 7,78 | 1 | 2,5 | 2,5 | 57,5 |
| 7,80 | 1 | 2,5 | 2,5 | 60,0 |
| 7,81 | 1 | 2,5 | 2,5 | 62,5 |

| | | | | |
|-------|----|-------|-------|-------|
| 7,82 | 3 | 7,5 | 7,5 | 70,0 |
| 8,00 | 1 | 2,5 | 2,5 | 72,5 |
| 8,08 | 1 | 2,5 | 2,5 | 75,0 |
| 8,10 | 1 | 2,5 | 2,5 | 77,5 |
| 8,12 | 1 | 2,5 | 2,5 | 80,0 |
| 8,16 | 1 | 2,5 | 2,5 | 82,5 |
| 8,29 | 1 | 2,5 | 2,5 | 85,0 |
| 8,34 | 1 | 2,5 | 2,5 | 87,5 |
| 8,41 | 1 | 2,5 | 2,5 | 90,0 |
| 8,45 | 1 | 2,5 | 2,5 | 92,5 |
| 8,51 | 1 | 2,5 | 2,5 | 95,0 |
| 8,54 | 1 | 2,5 | 2,5 | 97,5 |
| 8,56 | 1 | 2,5 | 2,5 | 100,0 |
| Total | 40 | 100,0 | 100,0 | |

Koordinasi Mata-Kaki

| | Frequency | Percent | Valid Percent | Cumulative Percent |
|---------|-----------|---------|---------------|--------------------|
| Valid 3 | 4 | 10,0 | 10,0 | 10,0 |
| 4 | 7 | 17,5 | 17,5 | 27,5 |
| 5 | 8 | 20,0 | 20,0 | 47,5 |
| 6 | 10 | 25,0 | 25,0 | 72,5 |
| 7 | 7 | 17,5 | 17,5 | 90,0 |
| 8 | 3 | 7,5 | 7,5 | 97,5 |
| 9 | 1 | 2,5 | 2,5 | 100,0 |
| Total | 40 | 100,0 | 100,0 | |

Keseimbangan

| | Frequency | Percent | Valid Percent | Cumulative Percent |
|----------|-----------|---------|---------------|--------------------|
| Valid 75 | 1 | 2,5 | 2,5 | 2,5 |
| 76 | 1 | 2,5 | 2,5 | 5,0 |
| 77 | 2 | 5,0 | 5,0 | 10,0 |
| 78 | 3 | 7,5 | 7,5 | 17,5 |
| 79 | 3 | 7,5 | 7,5 | 25,0 |
| 80 | 2 | 5,0 | 5,0 | 30,0 |
| 81 | 3 | 7,5 | 7,5 | 37,5 |
| 82 | 5 | 12,5 | 12,5 | 50,0 |
| 83 | 7 | 17,5 | 17,5 | 67,5 |
| 84 | 5 | 12,5 | 12,5 | 80,0 |
| 85 | 3 | 7,5 | 7,5 | 87,5 |

| | | | | |
|-------|----|-------|-------|-------|
| 86 | 1 | 2,5 | 2,5 | 90,0 |
| 87 | 1 | 2,5 | 2,5 | 92,5 |
| 88 | 1 | 2,5 | 2,5 | 95,0 |
| 89 | 1 | 2,5 | 2,5 | 97,5 |
| 90 | 1 | 2,5 | 2,5 | 100,0 |
| Total | 40 | 100,0 | 100,0 | |

Kemampuan Menggiring Bola

| | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------------|-----------|---------|---------------|--------------------|
| Valid 26,06 | 1 | 2,5 | 2,5 | 2,5 |
| 27,17 | 1 | 2,5 | 2,5 | 5,0 |
| 28,45 | 1 | 2,5 | 2,5 | 7,5 |
| 29,01 | 1 | 2,5 | 2,5 | 10,0 |
| 29,12 | 1 | 2,5 | 2,5 | 12,5 |
| 29,45 | 1 | 2,5 | 2,5 | 15,0 |
| 30,03 | 1 | 2,5 | 2,5 | 17,5 |
| 30,12 | 1 | 2,5 | 2,5 | 20,0 |
| 30,21 | 1 | 2,5 | 2,5 | 22,5 |
| 30,22 | 1 | 2,5 | 2,5 | 25,0 |
| 31,88 | 1 | 2,5 | 2,5 | 27,5 |
| 32,04 | 1 | 2,5 | 2,5 | 30,0 |
| 32,34 | 1 | 2,5 | 2,5 | 32,5 |
| 32,45 | 1 | 2,5 | 2,5 | 35,0 |
| 33,00 | 1 | 2,5 | 2,5 | 37,5 |
| 33,17 | 1 | 2,5 | 2,5 | 40,0 |
| 33,32 | 1 | 2,5 | 2,5 | 42,5 |
| 33,33 | 1 | 2,5 | 2,5 | 45,0 |
| 33,34 | 2 | 5,0 | 5,0 | 50,0 |
| 34,12 | 1 | 2,5 | 2,5 | 52,5 |
| 34,67 | 1 | 2,5 | 2,5 | 55,0 |
| 35,01 | 2 | 5,0 | 5,0 | 60,0 |
| 35,11 | 2 | 5,0 | 5,0 | 65,0 |
| 35,21 | 1 | 2,5 | 2,5 | 67,5 |
| 35,24 | 1 | 2,5 | 2,5 | 70,0 |
| 35,33 | 1 | 2,5 | 2,5 | 72,5 |
| 35,56 | 1 | 2,5 | 2,5 | 75,0 |
| 36,12 | 1 | 2,5 | 2,5 | 77,5 |
| 36,34 | 1 | 2,5 | 2,5 | 80,0 |
| 36,45 | 1 | 2,5 | 2,5 | 82,5 |

| | | | | |
|-------|----|-------|-------|-------|
| 37,12 | 2 | 5,0 | 5,0 | 87,5 |
| 37,44 | 1 | 2,5 | 2,5 | 90,0 |
| 37,45 | 1 | 2,5 | 2,5 | 92,5 |
| 38,17 | 1 | 2,5 | 2,5 | 95,0 |
| 39,18 | 1 | 2,5 | 2,5 | 97,5 |
| 40,01 | 1 | 2,5 | 2,5 | 100,0 |
| Total | 40 | 100,0 | 100,0 | |

Lampiran 3. Uji Normalitas Data Kecepatan, Koordinasi Mata-Kaki, Keseimbangan, dan Kemampuan Menggiring Bola

Case Processing Summary

| | Cases | | | | | |
|---------------------------|-------|---------|---------|---------|-------|---------|
| | Valid | | Missing | | Total | |
| | N | Percent | N | Percent | N | Percent |
| Kecepatan | 40 | 100,0% | 0 | 0,0% | 40 | 100,0% |
| Koordinasi Mata-Kaki | 40 | 100,0% | 0 | 0,0% | 40 | 100,0% |
| Keseimbangan | 40 | 100,0% | 0 | 0,0% | 40 | 100,0% |
| Kemampuan Menggiring Bola | 40 | 100,0% | 0 | 0,0% | 40 | 100,0% |

Tests of Normality

| | Kolmogorov-Smirnov ^a | | | Shapiro-Wilk | | |
|---------------------------|---------------------------------|----|-------|--------------|----|------|
| | Statistic | df | Sig. | Statistic | df | Sig. |
| Kecepatan | ,121 | 40 | ,141 | ,965 | 40 | ,248 |
| Koordinasi Mata-Kaki | ,140 | 40 | ,046 | ,951 | 40 | ,084 |
| Keseimbangan | ,111 | 40 | ,200* | ,980 | 40 | ,682 |
| Kemampuan Menggiring Bola | ,115 | 40 | ,200* | ,977 | 40 | ,590 |

*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction

Lampiran 4. Uji Korelasi Data Kecepatan, Koordinasi Mata-Kaki, Keseimbangan, dan Kemampuan Menggiring Bola

Correlations

| | | Kecepatan | Koordinasi Mata-Kaki | Keseimbangan | Kemampuan Menggiring Bola |
|---------------------------|---------------------|-----------|----------------------|--------------|---------------------------|
| Kecepatan | Pearson Correlation | 1 | ,705** | ,610** | ,855** |
| | Sig. (2-tailed) | | ,000 | ,000 | ,000 |
| | N | 40 | 40 | 40 | 40 |
| Koordinasi Mata-Kaki | Pearson Correlation | ,705** | 1 | ,621** | ,791** |
| | Sig. (2-tailed) | ,000 | | ,000 | ,000 |
| | N | 40 | 40 | 40 | 40 |
| Keseimbangan | Pearson Correlation | ,610** | ,621** | 1 | ,752** |
| | Sig. (2-tailed) | ,000 | ,000 | | ,000 |
| | N | 40 | 40 | 40 | 40 |
| Kemampuan Menggiring Bola | Pearson Correlation | ,855** | ,791** | ,752** | 1 |
| | Sig. (2-tailed) | ,000 | ,000 | ,000 | |
| | N | 40 | 40 | 40 | 40 |

** . Correlation is significant at the 0.01 level (2-tailed).

Lampiran 5. Uji Regresi Data Kecepatan, Koordinasi Mata-Kaki, Keseimbangan, dan Kemampuan Menggiring Bola

Variables Entered/Removed^a

| Model | Variables Entered | Variables Removed | Method |
|-------|------------------------|-------------------|--------|
| 1 | Kecepatan ^b | . | Enter |

a. Dependent Variable: Kemampuan Menggiring Bola

b. All requested variables entered.

Model Summary

| Model | R | R Square | Adjusted R Square | Std. Error of the Estimate |
|-------|-------------------|----------|-------------------|----------------------------|
| 1 | ,855 ^a | ,730 | ,723 | 1,74968 |

a. Predictors: (Constant), Kecepatan

ANOVA^a

| Model | | Sum of Squares | df | Mean Square | F | Sig. |
|-------|------------|----------------|----|-------------|---------|-------------------|
| 1 | Regression | 315,159 | 1 | 315,159 | 102,947 | ,000 ^b |
| | Residual | 116,332 | 38 | 3,061 | | |
| | Total | 431,491 | 39 | | | |

a. Dependent Variable: Kemampuan Menggiring Bola

b. Predictors: (Constant), Kecepatan

Coefficients^a

| Model | | Unstandardized Coefficients | | Standardized Coefficients | t | Sig. |
|-------|------------|-----------------------------|------------|---------------------------|--------|------|
| | | B | Std. Error | Beta | | |
| 1 | (Constant) | -11,217 | 4,425 | | -2,535 | ,015 |
| | Kecepatan | 5,803 | ,572 | ,855 | 10,146 | ,000 |

a. Dependent Variable: Kemampuan Menggiring Bola

Variables Entered/Removed^a

| Model | Variables Entered | Variables Removed | Method |
|-------|-----------------------------------|-------------------|--------|
| 1 | Koordinasi Mata-Kaki ^b | . | Enter |

a. Dependent Variable: Kemampuan Menggiring Bola

b. All requested variables entered.

Model Summary

| Model | R | R Square | Adjusted R Square | Std. Error of the Estimate |
|-------|-------------------|----------|-------------------|----------------------------|
| 1 | ,791 ^a | ,626 | ,616 | 2,06199 |

a. Predictors: (Constant), Koordinasi Mata-Kaki

ANOVA^a

| Model | | Sum of Squares | df | Mean Square | F | Sig. |
|-------|------------|----------------|----|-------------|--------|-------------------|
| 1 | Regression | 269,923 | 1 | 269,923 | 63,485 | ,000 ^b |
| | Residual | 161,568 | 38 | 4,252 | | |
| | Total | 431,491 | 39 | | | |

a. Dependent Variable: Kemampuan Menggiring Bola

b. Predictors: (Constant), Koordinasi Mata-Kaki

Coefficients^a

| Model | | Unstandardized Coefficients | | Standardized Coefficients | t | Sig. |
|-------|----------------------|-----------------------------|------------|---------------------------|--------|------|
| | | B | Std. Error | Beta | | |
| 1 | (Constant) | 24,084 | 1,237 | | 19,462 | ,000 |
| | Koordinasi Mata-Kaki | 1,714 | ,215 | ,791 | 7,968 | ,000 |

a. Dependent Variable: Kemampuan Menggiring Bola

Variables Entered/Removed^a

| Model | Variables Entered | Variables Removed | Method |
|-------|---------------------------|-------------------|--------|
| 1 | Keseimbangan ^b | . | Enter |

a. Dependent Variable: Kemampuan Menggiring Bola

b. All requested variables entered.

Model Summary

| Model | R | R Square | Adjusted R Square | Std. Error of the Estimate |
|-------|-------------------|----------|-------------------|----------------------------|
| 1 | ,752 ^a | ,566 | ,554 | 2,22039 |

a. Predictors: (Constant), Keseimbangan

ANOVA^a

| Model | | Sum of Squares | df | Mean Square | F | Sig. |
|-------|------------|----------------|----|-------------|--------|-------------------|
| 1 | Regression | 244,146 | 1 | 244,146 | 49,521 | ,000 ^b |
| | Residual | 187,345 | 38 | 4,930 | | |
| | Total | 431,491 | 39 | | | |

a. Dependent Variable: Kemampuan Menggiring Bola

b. Predictors: (Constant), Keseimbangan

Coefficients^a

| Model | | Unstandardized Coefficients | | Standardized Coefficients | t | Sig. |
|-------|--------------|-----------------------------|------------|---------------------------|--------|------|
| | | B | Std. Error | Beta | | |
| 1 | (Constant) | -25,952 | 8,469 | | -3,064 | ,004 |
| | Keseimbangan | ,725 | ,103 | ,752 | 7,037 | ,000 |

a. Dependent Variable: Kemampuan Menggiring Bola

Variables Entered/Removed^a

| Model | Variables Entered | Variables Removed | Method |
|-------|--|-------------------|--------|
| 1 | Keseimbangan, Kecepatan, Koordinasi Mata-Kaki ^b | | Enter |

a. Dependent Variable: Kemampuan Menggiring Bola

b. All requested variables entered.

Model Summary

| Model | R | R Square | Adjusted R Square | Std. Error of the Estimate |
|-------|-------------------|----------|-------------------|----------------------------|
| 1 | ,920 ^a | ,847 | ,834 | 1,35630 |

a. Predictors: (Constant), Keseimbangan, Kecepatan, Koordinasi Mata-Kaki

ANOVA^a

| Model | | Sum of Squares | df | Mean Square | F | Sig. |
|-------|------------|----------------|----|-------------|--------|-------------------|
| 1 | Regression | 365,267 | 3 | 121,756 | 66,187 | ,000 ^b |
| | Residual | 66,224 | 36 | 1,840 | | |
| | Total | 431,491 | 39 | | | |

a. Dependent Variable: Kemampuan Menggiring Bola

b. Predictors: (Constant), Keseimbangan, Kecepatan, Koordinasi Mata-Kaki

Coefficients^a

| Model | | Unstandardized Coefficients | | Standardized Coefficients | t | Sig. |
|-------|----------------------|-----------------------------|------------|---------------------------|--------|------|
| | | B | Std. Error | Beta | | |
| 1 | (Constant) | -18,121 | 6,454 | | -2,808 | ,008 |
| | Kecepatan | 3,341 | ,658 | ,492 | 5,079 | ,000 |
| | Koordinasi Mata-Kaki | ,576 | ,212 | ,266 | 2,713 | ,010 |
| | Keseimbangan | ,277 | ,084 | ,287 | 3,276 | ,002 |

a. Dependent Variable: Kemampuan Menggiring Bola

Lampiran 6. Foto Penelitian



