

## LAMPIRAN

| <b>No</b> | <b>Kelincahan<br/>(X1)</b> | <b>Daya Ledak Otot<br/>Tungkai (X2)</b> | <b>Kecepatan<br/>Tendangan (Y)</b> |
|-----------|----------------------------|---|------------------------------------|
| 1         | 3,75                       | 210                                     | 15                                 |
| 2         | 5,9                        | 211                                     | 14                                 |
| 3         | 6,25                       | 213                                     | 10                                 |
| 4         | 5,18                       | 210                                     | 12                                 |
| 5         | 5,18                       | 230                                     | 17                                 |
| 6         | 4,21                       | 210                                     | 11                                 |
| 7         | 5,37                       | 215                                     | 13                                 |
| 8         | 5,87                       | 216                                     | 15                                 |
| 9         | 5,96                       | 205                                     | 12                                 |
| 10        | 4,71                       | 221                                     | 17                                 |
| 11        | 5,46                       | 223                                     | 12                                 |
| 12        | 5,59                       | 226                                     | 13                                 |
| 13        | 5,06                       | 226                                     | 14                                 |
| 14        | 5,28                       | 208                                     | 15                                 |
| 15        | 5,75                       | 220                                     | 13                                 |
| 16        | 5,06                       | 216                                     | 16                                 |
| 17        | 4                          | 250                                     | 20                                 |
| 18        | 6                          | 232                                     | 17                                 |

## Regression

### Model Summary

| Model | R                 | R Square | Adjusted R Square | Std. Error of the Estimate |
|-------|-------------------|----------|-------------------|----------------------------|
| 1     | .894 <sup>a</sup> | .799     | .773              | 1.208                      |

a. Predictors: (Constant), Daya Ledak Otot Tungkai, Kelincahan

### ANOVA<sup>a</sup>

| Model        | Sum of Squares | df | Mean Square | F      | Sig.              |
|--------------|----------------|----|-------------|--------|-------------------|
| 1 Regression | 87.221         | 2  | 43.611      | 29.884 | .000 <sup>b</sup> |
| Residual     | 21.890         | 15 | 1.459       |        |                   |
| Total        | 109.111        | 17 |             |        |                   |

a. Dependent Variable: Kecepatan Tendangan Sabit

b. Predictors: (Constant), Daya Ledak Otot Tungkai, Kelincahan

### Coefficients<sup>a</sup>

| Model                   | Unstandardized Coefficients |            | Standardized Coefficients | t      | Sig. |
|-------------------------|-----------------------------|------------|---------------------------|--------|------|
|                         | B                           | Std. Error | Beta                      |        |      |
| 1 (Constant)            | -18.388                     | 5.836      |                           | -3.151 | .007 |
| Kelincahan              | 2.408                       | .474       | .655                      | 5.077  | .000 |
| Daya Ledak Otot Tungkai | .088                        | .030       | .384                      | 2.974  | .009 |

a. Dependent Variable: Kecepatan Tendangan Sabit

