



# LAMPIRAN

## Lampiran 1. Surat Telah Melakukan Penelitian



**PEMERINTAH KOTA PALOPO**  
**DINAS PENDIDIKAN**  
**SEKOLAH MENENGAH PERTAMA NEGERI 8 PALOPO**  
 Alamat : Jl. Dr. Ratulangi No. 66 Balandat Palopo ☎ (0471) 22921



---

**SURAT KETERANGAN PENELITIAN**  
 Nomor: 421.3/105/SMPN.8/VIII/2022


Yang bertanda tangan di bawah ini Kepala Sekolah Menengah Pertama Negeri 8 Palopo, dengan ini menerangkan bahwa:

Nama	: ACHMAD FAHMI
NIM	: 1885201071
Jenis Kelamin	: Laki Laki
Pekerjaan	: Mahasiswa
Program Studi	: Pendidikan Jasmani

Adalah benar telah melaksanakan penelitian di Sekolah Menengah Pertama Negeri 8 Palopo pada tanggal 25 Juli S.D 15 Agustus 2022, untuk kepentingan penulisan Skripsi dengan judul **“Pengaruh Dribble Lay Up Sisi Kanan Dengan Tangan Kanan Dan Sisi Kiri Dengan Tangan Kiri Terhadap Keterampilan Lay Up Siswa Ekstrakurikuler Bola Basket SMP Negeri 8 Palopo”**.

Demikian Surat Keterangan ini kami berikan untuk dapat dipergunakan sebagaimana mestinya.

Palopo, 24 Agustus 2022  
 a.n Kepala Sekolah,  
 Kepala Urusan Kurikulum



**Drs. I Made Swena**  
 NIP. 199703 1 002

### Lampiran 2. Data Penelitian

No	Nama	<i>Dribble Lay-Up Sisi Kanan</i>	
		<i>Pretest</i>	<i>Posttest</i>
1	Geral	4	8
2	Faiz Ardinin	6	8
3	Muh. Syahrul	8	10
4	Kurniawan S	3	7
5	Teguh Ibrahim	5	8
6	Muh. Gibran	7	9
7	Kevin	4	8
8	Fatir Fadillah	7	9
9	Irjan Ibrahim	5	8
10	Muh. Thalib R	4	7

No	Nama	<i>Dribble Lay-Up Sisi Kiri</i>	
		<i>Pretest</i>	<i>Posttest</i>
1	Muh. Ridho	3	4
2	Sapri	4	5
3	Rafka	7	9
4	Muh. Adel	5	6
5	Muh. Ridwan	4	5
6	Andika	5	6
7	Fansen	4	5
8	Muh. Nasril	6	8
9	Abdul Hamas	5	7
10	Triputra	2	3

### Lampiran 3. Analisis Deskriptif

#### Statistics

		<i>Pretest Dribble Lay- Up Sisi Kanan</i>	<i>Posttest Dribble Lay- Up Sisi Kanan</i>	<i>Pretest Dribble Lay- Up Sisi Kiri</i>	<i>Posttest Dribble Lay- Up Sisi Kiri</i>
N	Valid	10	10	10	10
	Missing	0	0	0	0
Mean		5,30	8,20	4,50	5,80
Std. Deviation		1,636	,919	1,434	1,814
Range		5	3	5	6
Minimum		3	7	2	3
Maximum		8	10	7	9

#### *Pretest Dribble Lay-Up Sisi Kanan*

		<i>Frequency</i>	<i>Percent</i>	<i>Valid Percent</i>	<i>Cumulative Percent</i>
Valid	3	1	10,0	10,0	10,0
	4	3	30,0	30,0	40,0
	5	2	20,0	20,0	60,0
	6	1	10,0	10,0	70,0
	7	2	20,0	20,0	90,0
	8	1	10,0	10,0	100,0
	Total	10	100,0	100,0	

#### *Posttest Dribble Lay-Up Sisi Kanan*

		<i>Frequency</i>	<i>Percent</i>	<i>Valid Percent</i>	<i>Cumulative Percent</i>
Valid	7	2	20,0	20,0	20,0
	8	5	50,0	50,0	70,0
	9	2	20,0	20,0	90,0
	10	1	10,0	10,0	100,0
	Total	10	100,0	100,0	

***Pretest Dribble Lay-Up Sisi Kiri***

		<i>Frequency</i>	<i>Percent</i>	<i>Valid Percent</i>	<i>Cumulative Percent</i>
Valid	2	1	10,0	10,0	10,0
	3	1	10,0	10,0	20,0
	4	3	30,0	30,0	50,0
	5	3	30,0	30,0	80,0
	6	1	10,0	10,0	90,0
	7	1	10,0	10,0	100,0
	Total	10	100,0	100,0	

***Posttest Dribble Lay-Up Sisi Kiri***

		<i>Frequency</i>	<i>Percent</i>	<i>Valid Percent</i>	<i>Cumulative Percent</i>
Valid	3	1	10,0	10,0	10,0
	4	1	10,0	10,0	20,0
	5	3	30,0	30,0	50,0
	6	2	20,0	20,0	70,0
	7	1	10,0	10,0	80,0
	8	1	10,0	10,0	90,0
	9	1	10,0	10,0	100,0
	Total	10	100,0	100,0	

#### Lampiran 4. Uji Normalitas Data

##### Case Processing Summary

	Cases					
	Valid		Missing		Total	
	N	Percent	N	Percent	N	Percent
<i>Pretest Dribble Lay-Up Sisi Kanan</i>	10	100,0%	0	0,0%	10	100,0%
<i>Posttest Dribble Lay-Up Sisi Kanan</i>	10	100,0%	0	0,0%	10	100,0%
<i>Pretest Dribble Lay-Up Sisi Kiri</i>	10	100,0%	0	0,0%	10	100,0%
<i>Posttest Dribble Lay-Up Sisi Kiri</i>	10	100,0%	0	0,0%	10	100,0%

##### Tests of Normality

	Kolmogorov-Smirnov <sup>a</sup>			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
<i>Pretest Dribble Lay-Up Sisi Kanan</i>	,187	10	,200*	,934	10	,487
<i>Posttest Dribble Lay-Up Sisi Kanan</i>	,286	10	,020	,885	10	,149
<i>Pretest Dribble Lay-Up Sisi Kiri</i>	,164	10	,200*	,968	10	,876
<i>Posttest Dribble Lay-Up Sisi Kiri</i>	,170	10	,200*	,967	10	,861

\*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction

### Lampiran 5. Uji Homogenitas

#### Test of Homogeneity of Variances

Keterampilan *Lay-Up*

Levene Statistic	df1	df2	Sig.
3,596	1	18	,074

#### ANOVA

Keterampilan *Lay-Up*

	Sum of Squares	df	Mean Square	F	Sig.
Between Groups	28,800	1	28,800	13,935	,002
Within Groups	37,200	18	2,067		
Total	66,000	19			

**Lampiran 6. Uji t Berpasangan (Paired t-test)**

**Paired Samples Statistics**

		Mean	N	Std. Deviation	Std. Error Mean
Pair 1	<i>Pretest Dribble Lay-Up Sisi Kanan</i>	5,30	10	1,636	,517
	<i>Posttest Dribble Lay-Up Sisi Kanan</i>	8,20	10	,919	,291
Pair 2	<i>Pretest Dribble Lay-Up Sisi Kiri</i>	4,50	10	1,434	,453
	<i>Posttest Dribble Lay-Up Sisi Kiri</i>	5,80	10	1,814	,573

**Paired Samples Correlations**

		N	Correlation	Sig.
Pair 1	<i>Pretest Dribble Lay-Up Sisi Kanan &amp; Posttest Dribble Lay-Up Sisi Kanan</i>	10	,916	,000
Pair 2	<i>Pretest Dribble Lay-Up Sisi Kiri &amp; Posttest Dribble Lay-Up Sisi Kiri</i>	10	,983	,000



**Paired Samples Test**

	Paired Differences					t	df	Sig. (2-tailed)
	Mean	Std. Deviation	Std. Error Mean	95% Confidence Interval of the Difference				
				Lower	Upper			
Pair 1 <i>Pretest Dribble Lay-Up Sisi Kanan - Posttest Dribble Lay-Up Sisi Kanan</i>	2,900	,876	,277	3,526	2,274	10,474	9	,000
Pair 2 <i>Pretest Dribble Lay-Up Sisi Kiri - Posttest Dribble Lay-Up Sisi Kiri</i>	1,300	,483	,153	1,646	,954	8,510	9	,000

**Lampiran 7. Uji t Tidak Berpasangan (Independent t-test)**

**Group Statistics**

	Kelompok	N	Mean	Std. Deviation	Std. Error Mean
Keterampilan Lay-Up	<i>Posttest Dribble Lay-Up Sisi Kanan</i>	10	8,20	,919	,291
	<i>Posttest Dribble Lay-Up Sisi Kiri</i>	10	5,80	1,814	,573

**Independent Samples Test**

	Levene's Test for Equality of Variances	t-test for Equality of Means								
		F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
									Lower	Upper
Keterampilan Lay-Up	Equal variances assumed	3,596	,074	3,733	18	,002	2,400	,643	1,049	3,751
	Equal variances not assumed			3,733	13,336	,002	2,400	,643	1,015	3,785

## Lampiran 8. Dokumentasi Penelitian



*Pretest Dribble Lay-Up Sisi Kanan*



*Pretest Dribble Lay-Up Sisi Kiri*

**Pertemuan 1**



**Pemanasan**



**Lari Sprint**



***Dribble Lay Up***

## Pertemuan 2



*Pemanasan*



*Push Up*



*Dribble Lay Up*



**Pertemuan 3**



**Pemanasan**



**Lari Sprint**



**Dribble Lay Up**

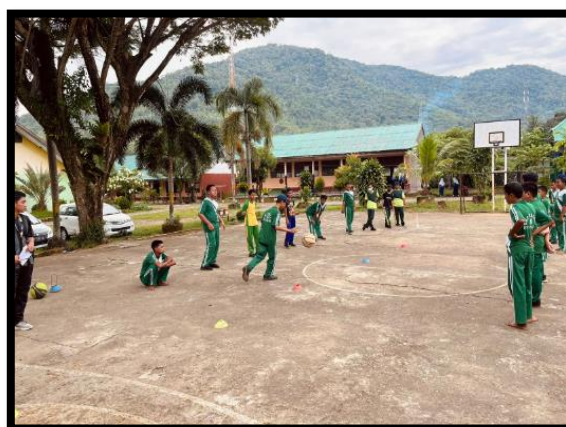
**Pertemuan 4**



**Pemanasan**



*Push Up*



*Dribble Lay Up*

**Pertemuan 5**



**Pemanasan**



**Lari Sprint**



**Dribble Lay Up**



**Pertemuan 6**



**Pemanasan**



*Push Up*



*Dribble Lay Up*

**Pertemuan 7**



**Pemanasan**



**Lari Sprint**



**Dribble Lay Up**

**Pertemuan 8**



**Pemanasan**



*Push Up*



*Dribble Lay Up*



**Pertemuan 9**



**Pemanasan**



**Lari Sprint**



***Dribble Lay Up***

**Pertemuan 10**



**Pemanasan**



*Push Up*



*Dribble Lay Up*

**Pertemuan 11**



**Pemanasan**



**Lari Sprint**



**Dribble Lay Up**



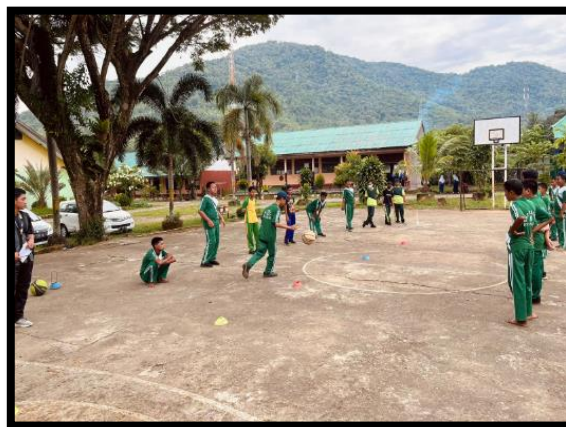
**Pertemuan 12**



**Pemanasan**



*Push Up*



*Dribble Lay Up*

**Pertemuan 13**



**Pemanasan**



***Lari Sprint***



***Dribble Lay Up***



**Pertemuan 14**



**Pemanasan**



*Push Up*



*Dribble Lay Up*

**Pertemuan 15**



**Pemanasan**



**Lari Sprint**



**Dribble Lay Up**

**Pertemuan 16**



**Pemanasan**



*Push Up*



*Dribble Lay Up*





*Posttest Dribble Lay-Up Sisi Kanan*



*Posttest Dribble Lay-Up Sisi Kiri*

**Lampiran 9. Curriculum vitae****DATA PRIBADI**

- Nama : Achmad Fahmi
- Tempat, Tanggal, Lahir : Mekkah, 17 januari 1997
- Alamat : Jl. Andi Kambo No. 86
- Nomor Telephone : +62853-3258-5151
- Jenis Kelamin : Laki-Laki
- Agama : Islam
- Kewarga Negaraan : Indonesia
- E-mail : [ahmadfahmi17.af@gmail.com](mailto:ahmadfahmi17.af@gmail.com)
- Status : Belum Kawin

**PENDIDIKAN**

- SDN 274 MATTIROWALIE (2004-2009). Berijazah
- MTSN MODEL PALOPO (2010-2012). Berijazah
- SMA NEGERI 5 PALOPO (2013-2015). Berijazah

**HOBBY**

- Memancing
- Vespa
- Makan