

LAMPIRAN

Lampiran 1. Data Penelitian

No	Nama	Variabel		
		Panjang Tungkai	Daya Ledak Tungkai	Kemampuan Lompat Jauh
1		84	2,00	3,27
2		65	1,00	1,29
3		75	1,66	2,65
4		70	1,43	2,11
5		74	1,59	2,45
6		79	1,64	2,67
7		68	1,30	1,54
8		80	1,90	3,12
9		79	1,87	2,87
10		67	1,21	1,51
11		76	1,80	2,67
12		83	1,96	3,19
13		70	1,42	1,76
14		80	1,77	3,06
15		70	1,35	1,90
16		76	1,71	2,45
17		78	1,77	2,81
18		74	1,44	2,12

Lampiran 2. Analisis Deskriptif

Statistics

		Panjang Tungkai	Daya Ledak Tungkai	Kemampuan Lompat Jauh
N	Valid	18	18	18
	Missing	0	0	0
Mean		74,89	1,6011	2,4133
Median		75,50	1,6500	2,5500
Mode		70	1,77	2,45 ^a
Std. Deviation		5,572	,27857	,61930
Minimum		65	1,00	1,29
Maximum		84	2,00	3,27
Sum		1348	28,82	43,44

a. Multiple modes exist. The smallest value is shown

Panjang Tungkai

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	65	1	5,6	5,6	5,6
	67	1	5,6	5,6	11,1
	68	1	5,6	5,6	16,7
	70	3	16,7	16,7	33,3
	74	2	11,1	11,1	44,4
	75	1	5,6	5,6	50,0
	76	2	11,1	11,1	61,1
	78	1	5,6	5,6	66,7
	79	2	11,1	11,1	77,8
	80	2	11,1	11,1	88,9
	83	1	5,6	5,6	94,4
	84	1	5,6	5,6	100,0
	Total		18	100,0	100,0

Daya Ledak Tungkai

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1,00	1	5,6	5,6	5,6
	1,21	1	5,6	5,6	11,1
	1,30	1	5,6	5,6	16,7
	1,35	1	5,6	5,6	22,2
	1,42	1	5,6	5,6	27,8
	1,43	1	5,6	5,6	33,3
	1,44	1	5,6	5,6	38,9
	1,59	1	5,6	5,6	44,4
	1,64	1	5,6	5,6	50,0
	1,66	1	5,6	5,6	55,6
	1,71	1	5,6	5,6	61,1
	1,77	2	11,1	11,1	72,2
	1,80	1	5,6	5,6	77,8
	1,87	1	5,6	5,6	83,3
	1,90	1	5,6	5,6	88,9
	1,96	1	5,6	5,6	94,4
	2,00	1	5,6	5,6	100,0
	Total	18	100,0	100,0	

Kemampuan Lompat Jauh

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1,29	1	5,6	5,6	5,6
	1,51	1	5,6	5,6	11,1
	1,54	1	5,6	5,6	16,7
	1,76	1	5,6	5,6	22,2
	1,90	1	5,6	5,6	27,8
	2,11	1	5,6	5,6	33,3

2,12	1	5,6	5,6	38,9
2,45	2	11,1	11,1	50,0
2,65	1	5,6	5,6	55,6
2,67	2	11,1	11,1	66,7
2,81	1	5,6	5,6	72,2
2,87	1	5,6	5,6	77,8
3,06	1	5,6	5,6	83,3
3,12	1	5,6	5,6	88,9
3,19	1	5,6	5,6	94,4
3,27	1	5,6	5,6	100,0
Total	18	100,0	100,0	

Lampiran 3. Uji Normalitas Data

Case Processing Summary

	Cases					
	Valid		Missing		Total	
	N	Percent	N	Percent	N	Percent
Panjang Tungkai	18	100,0%	0	0,0%	18	100,0%
Daya Ledak Tungkai	18	100,0%	0	0,0%	18	100,0%
Kemampuan Lompat Jauh	18	100,0%	0	0,0%	18	100,0%

Tests of Normality

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
Panjang Tungkai	,143	18	,200*	,962	18	,644
Daya Ledak Tungkai	,117	18	,200*	,961	18	,624
Kemampuan Lompat Jauh	,149	18	,200*	,942	18	,315

*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction

Lampiran 4. Uji Korelasi

Correlations

		Panjang Tungkai	Daya Ledak Tungkai	Kemampuan Lompat Jauh
Panjang Tungkai	Pearson Correlation	1	,958**	,975**
	Sig. (2-tailed)		,000	,000
	N	18	18	18
Daya Ledak Tungkai	Pearson Correlation	,958**	1	,971**
	Sig. (2-tailed)	,000		,000
	N	18	18	18
Kemampuan Lompat Jauh	Pearson Correlation	,975**	,971**	1
	Sig. (2-tailed)	,000	,000	
	N	18	18	18

** . Correlation is significant at the 0.01 level (2-tailed).

Lampiran 5. Uji Linearitas

ANOVA Table

		Sum of Squares	df	Mean Square	F	Sig.
Kemampuan Lompat Jauh * Panjang Tungkai	Between (Combined Groups)	6,357	11	,578	21,338	,001
	Linearity	6,201	1	6,201	228,926	,000
	Deviation from Linearity	,157	10	,016	,579	,788
	Within Groups	,163	6	,027		
Total		6,520	17			

ANOVA Table

		Sum of Squares	df	Mean Square	F	Sig.
Kemampuan Lompat Jauh * Daya Ledak Tungkai	Between (Combined Groups)	6,489	16	,406	12,978	,215
	Linearity	6,145	1	6,145	196,636	,045
	Deviation from Linearity	,344	15	,023	,734	,739
	Within Groups	,031	1	,031		
Total		6,520	17			

Lampiran 6. Uji Regresi

Variables Entered/Removed^a

Model	Variables Entered	Variables Removed	Method
1	Panjang Tungkai ^b		Enter

- a. Dependent Variable: Kemampuan Lompat Jauh
 b. All requested variables entered.

Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	,975 ^a	,951	,948	,14126

- a. Predictors: (Constant), Panjang Tungkai

ANOVA^a

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	6,201	1	6,201	310,736	,000 ^b
	Residual	,319	16	,020		
	Total	6,520	17			

- a. Dependent Variable: Kemampuan Lompat Jauh
 b. Predictors: (Constant), Panjang Tungkai

Coefficients^a

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	-5,704	,462		-12,355	,000
	Panjang Tungkai	,108	,006	,975	17,628	,000

- a. Dependent Variable: Kemampuan Lompat Jauh

Variables Entered/Removed^a

Model	Variables Entered	Variables Removed	Method
1	Daya Ledak Tungkai ^b		Enter

- a. Dependent Variable: Kemampuan Lompat Jauh
- b. All requested variables entered.

Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	,971 ^a	,942	,939	,15312

- a. Predictors: (Constant), Daya Ledak Tungkai

ANOVA^a

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	6,145	1	6,145	262,086	,000 ^b
	Residual	,375	16	,023		
	Total	6,520	17			

- a. Dependent Variable: Kemampuan Lompat Jauh
- b. Predictors: (Constant), Daya Ledak Tungkai

Coefficients^a

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	-1,042	,216		-4,815	,000
	Daya Ledak Tungkai	2,158	,133	,971	16,189	,000

- a. Dependent Variable: Kemampuan Lompat Jauh

Variables Entered/Removed^a

Model	Variables Entered	Variables Removed	Method
1	Daya Ledak Tungkai, Panjang Tungkai ^b		Enter

a. Dependent Variable: Kemampuan Lompat Jauh

b. All requested variables entered.

Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	,983 ^a	,967	,963	,11940

a. Predictors: (Constant), Daya Ledak Tungkai, Panjang Tungkai

ANOVA^a

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	6,306	2	3,153	221,180	,000 ^b
	Residual	,214	15	,014		
	Total	6,520	17			

a. Dependent Variable: Kemampuan Lompat Jauh

b. Predictors: (Constant), Daya Ledak Tungkai, Panjang Tungkai

Coefficients^a

Model	Unstandardized Coefficients		Standardized Coefficients	t	Sig.
	B	Std. Error	Beta		
1 (Constant)	-3,742	,820		-4,563	,000
Panjang Tungkai	,061	,018	,550	3,364	,004
Daya Ledak Tungkai	,988	,363	,444	2,720	,016

a. Dependent Variable: Kemampuan Lompat Jauh

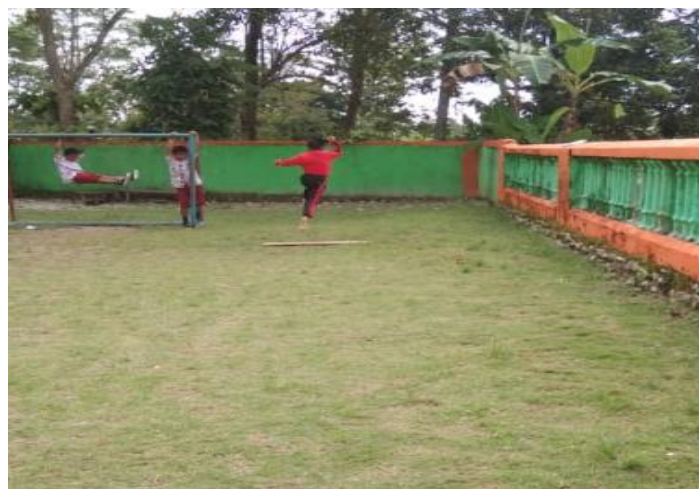
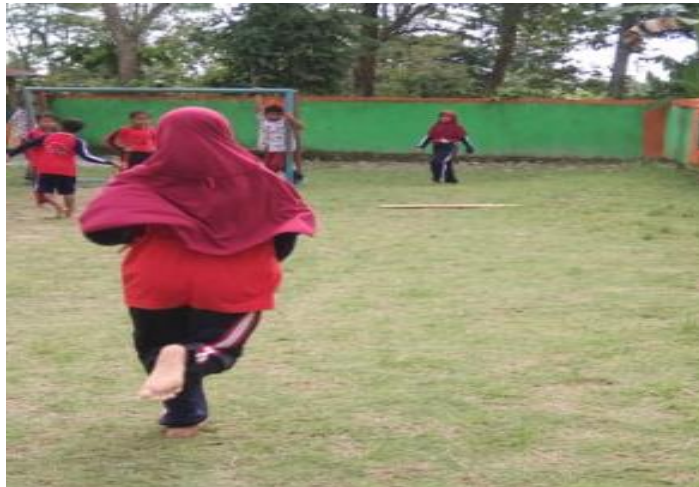
Lampiran 7. Dokumentasi Penelitian



Kegiatan Berdoa



Lompat Jauh



Daya Ledak Tungkai