

LAMPIRAN

Lampiran 1. Hasil Uji Validitas & Reliabilitas Angket Motivasi Berprestasi

No	Person Correlation R Hitung	R Tabel	Nilai Signifikan	Keterangan
1.	0,814	0,631	0,004	Valid
2.	0,796	0,631	0,006	Valid
3.	0,904	0,631	0,000	Valid
4.	0,936	0,631	0,000	Valid
5.	0,936	0,631	0,000	Valid
6.	0,660	0,631	0,038	Valid
7.	0,892	0,631	0,001	Valid
8.	0,817	0,631	0,004	Valid
9.	0,923	0,631	0,000	Valid
10.	0,824	0,631	0,003	Valid
11.	0,856	0,631	0,002	Valid
12.	0,934	0,631	0,000	Valid
13.	0,705	0,631	0,023	Valid
14.	0,936	0,631	0,000	Valid
15.	0,817	0,631	0,004	Valid
16.	0,833	0,631	0,003	Valid
17.	0,727	0,631	0,017	Valid
18.	0,904	0,631	0,000	Valid
19.	0,871	0,631	0,001	Valid
20.	0,881	0,631	0,001	Valid
21.	0,837	0,631	0,003	Valid
22.	0,824	0,631	0,003	Valid
23.	0,856	0,631	0,002	Valid
24.	0,934	0,631	0,000	Valid
25.	0,705	0,631	0,023	Valid
26.	0,936	0,631	0,000	Valid

Reliabilitas

Reliability Statistics

Cronbach's Alpha	Cronbach's Alpha Based on Standardized Items	N of Items
.765	.986	27

Lampiran 2. Data Angket Motivasi Berprestasi

No	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
1	4	4	5	5	1	2	5	5	5	5	5	4	5	5	4
2	5	4	4	2	4	4	4	4	4	5	3	4	5	4	4
3	4	4	5	5	1	2	5	5	5	5	5	4	5	5	4
4	5	4	5	4	2	2	5	5	5	2	5	3	5	5	3
5	3	4	4	2	4	1	4	4	1	5	3	2	4	4	4
6	4	5	4	5	4	5	4	4	4	3	4	5	4	5	4
7	4	4	5	5	1	2	5	5	5	5	5	4	5	5	4
8	4	3	4	2	2	2	4	3	4	2	4	3	4	5	5
9	5	4	5	4	5	5	5	4	4	5	5	5	5	5	5
10	5	4	5	4	2	2	5	5	5	2	5	3	4	4	3
11	4	4	5	4	4	5	4	4	4	5	4	4	4	5	4
12	5	4	4	4	4	5	5	5	5	5	3	4	5	5	5

16	17	18	19	20	21	22	23	24	25	26	Skor Total
5	4	4	5	5	5	5	5	4	5	5	116
5	5	4	4	4	4	5	3	4	4	4	106
5	4	2	5	5	5	5	5	5	5	5	115
5	5	2	5	5	5	3	5	3	4	3	105
4	4	4	4	4	4	4	3	4	5	5	94
5	5	2	4	4	4	3	4	1	5	4	105
5	4	2	5	5	5	5	5	4	5	5	114
4	5	5	4	3	4	5	4	5	5	4	99
4	4	5	5	5	5	5	5	5	5	2	121
5	5	2	4	5	5	2	4	3	4	3	100
4	4	5	5	4	5	5	4	5	5	5	115
5	5	4	4	4	4	5	5	4	5	5	118

Lampiran 3. Data Penelitian

No	Nama Atlit	Variabel Penelitian						
		Daya Ledak Tungkai (X1)				Koordinasi Mata Tangan (X2)	Motivasi Berprestasi (X3)	Ketepatan <i>Smash</i> (Y)
		1	2	3	Hasil			
1	Syahrul I	289	292	295	295	17	116	18
2	Muh Zamroni	285	270	288	288	15	106	16
3	Emil A	280	279	275	280	16	115	17
4	Hikmal Ismail	270	273	275	275	13	105	14
5	Kanisius Kuma	275	270	272	275	12	94	13
6	Diki Wahyudi	280	275	278	280	14	105	15
7	Ayyub	280	286	283	286	16	114	17
8	Galeh Pangestu	265	260	270	270	14	99	14
9	Ismail	280	292	300	300	18	121	19
10	Aditio Arjun	275	273	271	275	13	100	14
11	Resky Aditya A	278	284	280	284	16	115	17
12	Alfathra M	289	292	296	296	17	118	18

Lampiran 4. Hasil Analisis Data

1. Analisis Deskriptif

Statistics

	Daya Ledak Tungkai	Koordinasi Mata Tangan	Motivasi Berprestasi	Ketepatan Smash
N Valid	12	12	12	12
Missing	0	0	0	0
Mean	283.67	15.08	109.00	16.00
Median	282.00	15.50	110.00	16.50
Mode	275	16	105 ^a	14 ^a
Std. Deviation	9.585	1.881	8.623	1.954
Minimum	270	12	94	13
Maximum	300	18	121	19
Sum	3404	181	1308	192

a. Multiple modes exist. The smallest value is shown

Daya Ledak Tungkal

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid 270	1	8.3	8.3	8.3
275	3	25.0	25.0	33.3
280	2	16.7	16.7	50.0
284	1	8.3	8.3	58.3
286	1	8.3	8.3	66.7
288	1	8.3	8.3	75.0
295	1	8.3	8.3	83.3
296	1	8.3	8.3	91.7
300	1	8.3	8.3	100.0
Total	12	100.0	100.0	

Koordinasi Mata Tangan

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid 12	1	8.3	8.3	8.3
13	2	16.7	16.7	25.0
14	2	16.7	16.7	41.7
15	1	8.3	8.3	50.0
16	3	25.0	25.0	75.0
17	2	16.7	16.7	91.7
18	1	8.3	8.3	100.0
Total	12	100.0	100.0	

Motivasi Berprestasi

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid 94	1	8.3	8.3	8.3

99	1	8.3	8.3	16.7
100	1	8.3	8.3	25.0
105	2	16.7	16.7	41.7
106	1	8.3	8.3	50.0
114	1	8.3	8.3	58.3
115	2	16.7	16.7	75.0
116	1	8.3	8.3	83.3
118	1	8.3	8.3	91.7
121	1	8.3	8.3	100.0
Total	12	100.0	100.0	

Ketepatan Smash

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid 13	1	8.3	8.3	8.3
14	3	25.0	25.0	33.3
15	1	8.3	8.3	41.7
16	1	8.3	8.3	50.0
17	3	25.0	25.0	75.0
18	2	16.7	16.7	91.7
19	1	8.3	8.3	100.0
Total	12	100.0	100.0	

2. Uji Normalitas Data

Case Processing Summary

	Cases					
	Valid		Missing		Total	
	N	Percent	N	Percent	N	Percent
Daya Ledak Tungkai	12	100.0%	0	0.0%	12	100.0%
Koordinasi Mata Tangan	12	100.0%	0	0.0%	12	100.0%

Motivasi Berprestasi	12	100.0%	0	0.0%	12	100.0%
Ketepatan Smash	12	100.0%	0	0.0%	12	100.0%

Tests of Normality

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	Df	Sig.
Daya Ledak Tungkai	.150	12	.200*	.941	12	.511
Koordinasi Mata Tangan	.187	12	.200*	.952	12	.663
Motivasi Berprestasi	.219	12	.117	.932	12	.399
Ketepatan Smash	.196	12	.200*	.929	12	.365

*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction

3. Uji Korelasi

Correlations

		Daya Ledak Tungkai	Koordinasi Mata Tangan	Motivasi Berprestasi	Ketepatan Smash
Daya Ledak Tungkai	Pearson Correlation	1	.874**	.835**	.908**
	Sig. (2-tailed)		.000	.001	.000
	N	12	12	12	12
Koordinasi Mata Tangan	Pearson Correlation	.874**	1	.953**	.989**
	Sig. (2-tailed)	.000		.000	.000
	N	12	12	12	12
Motivasi Berprestasi	Pearson Correlation	.835**	.953**	1	.971**
	Sig. (2-tailed)	.001	.000		.000
	N	12	12	12	12
Ketepatan Smash	Pearson Correlation	.908**	.989**	.971**	1
	Sig. (2-tailed)	.000	.000	.000	

N	12	12	12	12
---	----	----	----	----

** . Correlation is significant at the 0.01 level (2-tailed).

4. Uji Linearitas

ANOVA Table

			Sum of Squares	df	Mean Square	F	Sig.
Ketepatan Smash * Daya Ledak Tungkai	Between Groups	(Combined)	39.333	8	4.917	5.531	.094
		Linearity	34.600	1	34.600	38.925	.008
		Deviation from Linearity	4.733	7	.676	.761	.657
	Within Groups		2.667	3	.889		
Total			42.000	11			

ANOVA Table

			Sum of Squares	df	Mean Square	F	Sig.
Ketepatan Smash * Koordinasi Mata Tangan	Between Groups	(Combined)	41.500	6	6.917	69.167	.000
		Linearity	41.113	1	41.113	411.135	.000
		Deviation from Linearity	.387	5	.077	.773	.608
	Within Groups		.500	5	.100		
Total			42.000	11			

ANOVA Table

			Sum of Squares	df	Mean Square	F	Sig.

Ketepatan Smash * Motivasi Berprestasi	Between Groups	(Combined)	41.500	9	4.611	18.444	.052
		Linearity	39.609	1	39.609	158.435	.006
		Deviation from Linearity	1.891	8	.236	.946	.609
	Within Groups		.500	2	.250		
Total		42.000	11				

4. Uji Regresi

Variables Entered/Removed^a

Model	Variables Entered	Variables Removed	Method
1	Daya Ledak Tungkai ^b		Enter

a. Dependent Variable: Ketepatan Smash

b. All requested variables entered.

Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.908 ^a	.824	.806	.860

a. Predictors: (Constant), Daya Ledak Tungkai

ANOVA^a

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	34.600	1	34.600	46.756	.000 ^b
	Residual	7.400	10	.740		
	Total	42.000	11			

- a. Dependent Variable: Ketepatan Smash
 b. Predictors: (Constant), Daya Ledak Tungkai

Coefficients^a

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	-36.486	7.680		-4.751	.001
	Daya Ledak Tungkai	.185	.027	.908	6.838	.000

- a. Dependent Variable: Ketepatan Smash

Variables Entered/Removed^a

Model	Variables Entered	Variables Removed	Method
1	Koordinasi Mata Tangan ^b		Enter

- a. Dependent Variable: Ketepatan Smash
 b. All requested variables entered.

Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.989 ^a	.979	.977	.298

- a. Predictors: (Constant), Koordinasi Mata Tangan

ANOVA^a

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	41.113	1	41.113	463.768	.000 ^b
	Residual	.887	10	.089		
	Total	42.000	11			

a. Dependent Variable: Ketepatan Smash

b. Predictors: (Constant), Koordinasi Mata Tangan

Coefficients^a

Model		Unstandardized Coefficients		Standardized Coefficients	T	Sig.
		B	Std. Error	Beta		
1	(Constant)	.497	.725		.685	.509
	Koordinasi Mata Tangan	1.028	.048	.989	21.535	.000

a. Dependent Variable: Ketepatan Smash

Variables Entered/Removed^a

Model	Variables Entered	Variables Removed	Method
1	Motivasi Berprestasi ^b		Enter

a. Dependent Variable: Ketepatan Smash

b. All requested variables entered.

Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.971 ^a	.943	.937	.489

a. Predictors: (Constant), Motivasi Berprestasi

ANOVA^a

Model		Sum of Squares	Df	Mean Square	F	Sig.
1	Regression	39.609	1	39.609	165.644	.000 ^b
	Residual	2.391	10	.239		
	Total	42.000	11			

- a. Dependent Variable: Ketepatan Smash
 b. Predictors: (Constant), Motivasi Berprestasi

Coefficients^a

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	-7.985	1.869		-4.273	.002
	Motivasi Berprestasi	.220	.017	.971	12.870	.000

- a. Dependent Variable: Ketepatan Smash

Variables Entered/Removed^a

Model	Variables Entered	Variables Removed	Method
1	Motivasi Berprestasi, Daya Ledak Tungkai, Koordinasi Mata Tangan ^b		Enter

- a. Dependent Variable: Ketepatan Smash
 b. All requested variables entered.

Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.998 ^a	.995	.993	.158

- a. Predictors: (Constant), Motivasi Berprestasi, Daya Ledak Tungkai, Koordinasi Mata Tangan

ANOVA^a

Model		Sum of Squares	Df	Mean Square	F	Sig.
1	Regression	41.800	3	13.933	556.783	.000 ^b
	Residual	.200	8	.025		
	Total	42.000	11			

a. Dependent Variable: Ketepatan Smash


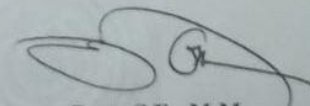
b. Predictors: (Constant), Motivasi Berprestasi, Daya Ledak Tungkai, Koordinasi Mata Tangan

Coefficients^a


Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	-10.384	2.373		-4.375	.002
	Daya Ledak Tungkai	.037	.010	.179	3.566	.007
	Koordinasi Mata Tangan	.564	.095	.543	5.956	.000
	Motivasi Berprestasi	.069	.018	.304	3.786	.005

a. Dependent Variable: Ketepatan Smash

Lampiran 5. Surat Izin Penelitian

	<p>MAJELIS PENDIDIKAN TINGGI, PENELITIAN DAN PENGEMBANGAN UNIVERSITAS MUHAMMADIYAH PALOPO LEMBAGA PENELITIAN DAN PENGABDIAN KEPADA MASYARAKAT (LPPM) Lt. 2 Gedung MCC Universitas Muhammadiyah Palopo Jl. Jend. Sudirman Km. 03 Binturu, Kota Palopo (91959) – Telp/Fax (0471) 327429</p>	
Nomor	: 230/III.3.AU/LPPM/F/2022	Palopo, 31 Mei 2022
Lampiran	: -	
Perihal	: Izin Penelitian	
Kepada Yth, Rektor Universitas Muhammadiyah Palopo Di_		
Tempat		
Assalamu'alaikum Wr. Wb.		
<p>Dengan hormat, disampaikan bahwa mahasiswa tingkat akhir yang akan menyelesaikan Studi Strata Satu (S.1) pada Universitas Muhammadiyah Palopo diwajibkan menyusun karya ilmiah (Skripsi) sebagai salah satu syarat penyelesaian studi. Oleh karena itu, mahasiswa yang bersangkutan akan melakukan penelitian untuk memperoleh data yang valid guna mendukung dan terlaksananya penyusunan Skripsi. Sehubungan dengan maksud tersebut, mohon kiranya diberikan izin melakukan meneliti, kepada:</p>		
Nama	: Muh. Akmal	
Stambuk/NIRM	: 1885201003	
Jenis Kelamin	: Laki-Laki	
Jurusan/Program Studi	: Pendidikan Jasmani	
Alamat	: Desa Padang Lambe, Kab. Luwu	
No. Hp.	: 085263563782	
<p>Mohon kiranya Bapak/Ibu berkenan memberikan izin melakukan penelitian untuk penulisan Skripsi dengan judul “Analisis Daya Ledak Tungkai, Koordinasi Mata-Tangan, dan Motivasi Berprestasi Terhadap Ketepatan Smash Pada Atlet Club Bola Voli Universitas Muhammadiyah Palopo”.</p>		
Demikian permohonan dari kami, atas kerjasama yang baik diucapkan terima kasih.		
Wassalamu'Alaikum Wr. Wb.		
Ka.LPPM,		
		
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Lampiran 6. Dokumentasi Penelitian



Kegiatan Berdoa



Pemanasan



Tes Daya Ledak Tungkai



Tes Koordinasi Mata-Tangan



Tes Motivasi Berprestasi



Tes Ketepatan Smash Bola Voli

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Muhammad Akmal

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