LAMPIRAN

Lampiran 1 Data Mentah

No	Nama	Variabel		
		Kekuatan Lengan	Kekuatan Tungkai	Kemampuan Shooting
1	Haskar	28	29	10
2	Ardiansyah	19	21	11
3	Alifka Rahma	11	22	6
4	Idul	18	31	12
5	Achmad Fahri R	18	40	12
6	Rehan Nur Razak	20	21	11
7	Dika R	37	46	19
8	A Hafiz Zhahlan	41	40	21
9	Ahmad Raihan	18	31	10
10	Nur Cahaya	13	17	8
11	Aliya	12	20	7
12	Alvaro Giavriel	30	40	17
13	Muh Daffa Al	21	21	11
14	Malvin Leofandi	32	31	18
15	Dirga Ardiansyah	22	42	15
16	Muh Rangga P	20	44	12
17	Adriansyah	24	30	12
18	Muh Ramli Farel	35	40	18
19	Muh Hidayat	28	35	13
20	Taufik Hidayat	30	37	16

Lampiran 2 Data Penelitian

Statistics

		Kekuatan Lengan	Kekuatan Tungkai	Kemampuan Shooting
N	Valid	20	20	20
	Missing	0	0	0
Mean		23,85	31,90	12,95
Median		21,50	31,00	12,00
Mode		18	40	12
Std. Deviation		8,456	9,113	4,123
Variance		71,503	83,042	16,997
Range		30	29	15
Minimum		11	17	6
Maximum		41	46	21
Sum		477	638	259

Kekuatan Lengan

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	11	1	5,0	5,0	5,0
	12	1	5,0	5,0	10,0
	13	1	5,0	5,0	15,0
	18	3	15,0	15,0	30,0
	19	1	5,0	5,0	35,0
	20	2	10,0	10,0	45,0
	21	1	5,0	5,0	50,0
	22	1	5,0	5,0	55,0
	24	1	5,0	5,0	60,0
	28	2	10,0	10,0	70,0
	30	2	10,0	10,0	80,0
	32	1	5,0	5,0	85,0
	35	1	5,0	5,0	90,0
	37	1	5,0	5,0	95,0
	41	1	5,0	5,0	100,0
	Total	20	100,0	100,0	

Kekuatan Tungkai

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	17	1	5,0	5,0	5,0
	20	1	5,0	5,0	10,0
	21	3	15,0	15,0	25,0
	22	1	5,0	5,0	30,0
	29	1	5,0	5,0	35,0
	30	1	5,0	5,0	40,0
	31	3	15,0	15,0	55,0
	35	1	5,0	5,0	60,0
	37	1	5,0	5,0	65,0
	40	4	20,0	20,0	85,0
	42	1	5,0	5,0	90,0
	44	1	5,0	5,0	95,0
	46	1	5,0	5,0	100,0
	Total	20	100,0	100,0	

Kemampuan Shooting

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	6	1	5,0	5,0	5,0
	7	1	5,0	5,0	10,0
	8	1	5,0	5,0	15,0
	10	2	10,0	10,0	25,0
	11	3	15,0	15,0	40,0
	12	4	20,0	20,0	60,0
	13	1	5,0	5,0	65,0
	15	1	5,0	5,0	70,0
	16	1	5,0	5,0	75,0
	17	1	5,0	5,0	80,0
	18	2	10,0	10,0	90,0
	19	1	5,0	5,0	95,0
	21	1	5,0	5,0	100,0
	Total	20	100,0	100,0	

Case Processing Summary

	Cases					
	Valid		Missing		Total	
	N	Percent	N	Percent	N	Percent
Kekuatan Lengan	20	100,0%	0	0,0%	20	100,0%
Kekuatan Tungkai	20	100,0%	0	0,0%	20	100,0%
Kemampuan Shooting	20	100,0%	0	0,0%	20	100,0%

Descriptives

			Statistic	Std. Error
Kekuatan Lengan	Mean		23,85	1,891
	95% Confidence Interval for Mean	Lower Bound	19,89	
		Upper Bound	27,81	
	5% Trimmed Mean		23,61	
	Median		21,50	
	Variance		71,503	
	Std. Deviation		8,456	
	Minimum		11	
	Maximum		41	
	Range		30	
	Interquartile Range		12	
	Skewness		,380	,512
	Kurtosis		-,640	,992
Kekuatan Tungkai	Mean		31,90	2,038
	95% Confidence Interval for Mean	Lower Bound	27,64	
		Upper Bound	36,16	
	5% Trimmed Mean		31,94	
	Median		31,00	
	Variance		83,042	

	Std. Deviation		9,113	
	Minimum		17	
	Maximum		46	
	Range		29	
	Interquartile Range		19	
	Skewness		-,154	,512
	Kurtosis		-1,332	,992
Kemampuan Shooting	Mean		12,95	,922
	95% Confidence Interval for Mean	Lower Bound	11,02	
		Upper Bound	14,88	
	5% Trimmed Mean		12,89	
	Median		12,00	
	Variance		16,997	
	Std. Deviation		4,123	
	Minimum		6	
	Maximum		21	
	Range		15	
	Interquartile Range		7	
	Skewness		,300	,512
	Kurtosis		-,639	,992

Tests of Normality

	Kolmogorov-Smirnov[a]			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
Kekuatan Lengan	,137	20	,200*	,958	20	,508
Kekuatan Tungkai	,163	20	,172	,923	20	,115
Kemampuan Shooting	,191	20	,054	,957	20	,488

*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction

Correlations

		Kekuatan Lengan	Kekuatan Tungkai	Kemampuan Shooting
Kekuatan Lengan	Pearson Correlation	1	,644**	,922**
	Sig. (2-tailed)		,002	,000
	N	20	20	20
Kekuatan Tungkai	Pearson Correlation	,644**	1	,740**
	Sig. (2-tailed)	,002		,000
	N	20	20	20
Kemampuan Shooting	Pearson Correlation	,922**	,740**	1
	Sig. (2-tailed)	,000	,000	
	N	20	20	20

**. Correlation is significant at the 0.01 level (2-tailed).

Case Processing Summary

	Cases					
	Included		Excluded		Total	
	N	Percent	N	Percent	N	Percent
Kemampuan Shooting * Kekuatan Lengan	20	100,0%	0	0,0%	20	100,0%
Kemampuan Shooting * Kekuatan Tungkai	20	100,0%	0	0,0%	20	100,0%

ANOVA Table

			Sum of Squares	df	Mean Square	F	Sig.
Kemampuan Shooting * Kekuatan Lengan	Between Groups	(Combined)	314,783	14	22,485	13,766	,005
		Linearity	274,659	1	274,659	168,158	,000
		Deviation from Linearity	40,125	13	3,087	1,890	,249
	Within Groups		8,167	5	1,633		
	Total		322,950	19			

ANOVA Table

			Sum of Squares	df	Mean Square	F	Sig.
Kemampuan Shooting * Kekuatan Tungkai	Between Groups	(Combined)	246,283	12	20,524	1,874	,206
		Linearity	176,625	1	176,625	16,127	,005
		Deviation from Linearity	69,659	11	6,333	,578	,800
	Within Groups		76,667	7	10,952		
	Total		322,950	19			

Variables Entered/Removed[a]

Model	Variables Entered	Variables Removed	Method
1	Kekuatan Lengan[b]	.	Enter

a. Dependent Variable: Kemampuan Shooting

b. All requested variables entered.

Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	,922[a]	,850	,842	1,638

a. Predictors: (Constant), Kekuatan Lengan

ANOVA[a]

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	274,659	1	274,659	102,376	,000[b]
	Residual	48,291	18	2,683		
	Total	322,950	19			

a. Dependent Variable: Kemampuan Shooting

b. Predictors: (Constant), Kekuatan Lengan

Coefficients[a]

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	2,226	1,121		1,985	,063
	Kekuatan Lengan	,450	,044	,922	10,118	,000

a. Dependent Variable: Kemampuan Shooting

Variables Entered/Removed[a]

Model	Variables Entered	Variables Removed	Method
1	Kekuatan Tungkai[b]	.	Enter

a. Dependent Variable: Kemampuan Shooting

b. All requested variables entered.

Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	,740[a]	,547	,522	2,851

a. Predictors: (Constant), Kekuatan Tungkai

ANOVA[a]

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	176,625	1	176,625	21,727	,000[b]
	Residual	146,325	18	8,129		
	Total	322,950	19			

a. Dependent Variable: Kemampuan Shooting

b. Predictors: (Constant), Kekuatan Tungkai

Coefficients[a]

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	2,277	2,377		,958	,351
	Kekuatan Tungkai	,335	,072	,740	4,661	,000

a. Dependent Variable: Kemampuan Shooting

Variables Entered/Removed[a]

Model	Variables Entered	Variables Removed	Method
1	Kekuatan Tungkai, Kekuatan Lengan[b]	.	Enter

a. Dependent Variable: Kemampuan Shooting

b. All requested variables entered.

Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	,942[a]	,887	,873	1,467

a. Predictors: (Constant), Kekuatan Tungkai, Kekuatan Lengan

ANOVA[a]

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	286,376	2	143,188	66,554	,000[b]
	Residual	36,574	17	2,151		
	Total	322,950	19			

a. Dependent Variable: Kemampuan Shooting

b. Predictors: (Constant), Kekuatan Tungkai, Kekuatan Lengan

Coefficients[a]

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	,497	1,248		,399	,695
	Kekuatan Lengan	,371	,052	,762	7,142	,000
	Kekuatan Tungkai	,113	,048	,249	2,334	,032

a. Dependent Variable: Kemampuan Shooting

Lampiran 3 Dokumentasi Penelitian