

Lampiran 1. Data Penelitian

DATA MENTAH

No	Nama	Pretest Kelincahan Footwork	Posttest Kelincahan Footwork
1	Aldo	18	21
2	Muh. Syahrul	18	21
3	Muhammad Rehan	23	25
4	Firman Afandi	20	22
5	Reski Ramadhan	18	20
6	Muh. Ilham	23	26
7	Muh. Irsan Aksan	19	21
8	Andika	19	21
9	Irwansyah	20	22
10	Rivaldo Ahmad	20	22
11	Renal	20	23
12	Arya	15	17
13	Hidayatullah	19	20
14	Rijal	19	21
15	Muh Ergi	20	23
16	Alam	21	22

Statistics

	Pretest Kelincahan Footwork	Posttest Kelincahan Footwork
N Valid	20	20
Missing	0	0
Mean	18,90	21,05
Range	8	9
Minimum	15	17
Maximum	23	26

Pretest Kelincahan Footwork

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid 15	3	15,0	15,0	15,0
17	1	5,0	5,0	20,0
18	3	15,0	15,0	35,0
19	5	25,0	25,0	60,0
20	5	25,0	25,0	85,0
21	1	5,0	5,0	90,0
23	2	10,0	10,0	100,0
Total	20	100,0	100,0	

Posttest Kelincahan Footwork

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid 17	3	15,0	15,0	15,0
19	1	5,0	5,0	20,0
20	2	10,0	10,0	30,0
21	6	30,0	30,0	60,0
22	4	20,0	20,0	80,0
23	2	10,0	10,0	90,0
25	1	5,0	5,0	95,0
26	1	5,0	5,0	100,0
Total	20	100,0	100,0	

Case Processing Summary

	Cases					
	Valid		Missing		Total	
	N	Percent	N	Percent	N	Percent
Pretest Kelincahan Footwork	20	100,0%	0	0,0%	20	100,0%
Posttest Kelincahan Footwork	20	100,0%	0	0,0%	20	100,0%

Tests of Normality

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
Pretest Kelincahan Footwork	,168	20	,142	,922	20	,108
Posttest Kelincahan Footwork	,192	20	,053	,931	20	,162

a. Lilliefors Significance Correction

Test of Homogeneity of Variances

Kelincahan Footwork

Levene Statistic	df1	df2	Sig.
1,445	1	38	,237

ANOVA

Kelincahan Footwork

	Sum of Squares	df	Mean Square	F	Sig.
Between Groups	,408	1	,408	,062	,004
Within Groups	248,567	38	6,541		
Total	248,975	39			

Paired Samples Statistics

		Mean	N	Std. Deviation	Std. Error Mean
Pair 1	Pretest Kelincahan Footwork	18,90	20	2,245	,502
	Posttest Kelincahan Footwork	21,05	20	2,373	,531

Paired Samples Correlations

		N	Correlation	Sig.
Pair 1	Pretest Kelincahan Footwork & Posttest Kelincahan Footwork	20	,969	,000

Paired Samples Test

		Paired Differences					t	df	Sig. (2-tailed)
			Std.	Std.	95% Confidence				
					Mean	Deviation			
Pair 1	Pretest Kelincahan Footwork - Posttest Kelincahan Footwork	-2,150	,587	,131	-2,425	-1,875	-16,376	19	,000

Lampiran 2. Dokumentasi Penelitian







